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MISSIONARY EN ROUTE.

Dr. Charles H. H. Bloor, captain of the plantations of the Hawaiian Islands and a renowned missionary of the Episcopal faith arrived yesterday from Honolulu. He will leave early next week for San Francisco, where, after a brief sojourn, he will leave for his station on the islands. Dr. Bloor will speak at 11 o'clock Sunday morning at the Grace Memorial Church, east Seventeenth and Weidner streets. During his stay in Portland the eminent missionary is a guest of Frank W. Swanton, of the Columbia Milling Company.—Portland (Ore.) Oregonian, Nov. 20.

COLDS ARE DANGEROUS.

If more people would make an attempt to get rid of the colds from which they are suffering, as a result of this changeable weather, there would be a decided decrease in the number of cases of pneumonia. A few doses of Chamberlain's Cough Remedy will cure your cold and all danger of its hanging on until spring and resulting in pneumonia may be avoided. For sale by all dealers, Benson, Smith & Co., agents for Hawaii.

CARE OF FOOD IN THE HOME

WASHINGTON, D. C., Nov. 25.—In the buying, storing, and handling of food it is important that we realize the causes of what is spoiling of the food. And the knowledge that the spoiling is due to yeasts, molds, and bacteria is comparatively recent.

Countless numbers of tiny living things called micro-organisms are everywhere found which will grow in the food man has prepared for his own use and cause it to spoil. These microscopic plants flourish in the kitchen, storeroom, ice box, milk room, and cellar. The bulk of these minute forms of life are harmless, under usual conditions; some are useful, like those which ripen milk; and many are harmful, since they cause waste or may be a direct cause of disease.

Not only do yeasts, molds, and bacteria appropriate our food, with the result that it sours, rots, or putrefies, but they sometimes leave behind disagreeable consequences like the musty and moldy odor and flavor of some of spoiled foods, or the substances called ptomaines, which are sometimes poisonous.

Not until millions of yeast cells are massed together do they become visible to the eye as in the compressed yeast cake. Yeast plants are practically everywhere and are of many varieties, some being called wild yeasts, in distinction from those we have learned to cultivate for the making of bread. The old-fashioned method of making milk-rising or salt-rising bread depended on wild yeast falling into dough and causing the bread to rise, a method not always successful, because other organisms, the bacteria, also had a chance at the dough, and sometimes got the better of the yeast in the struggle for food, and the result of their life in the dough was sour or bitter bread.

Even when we are able to utilize the life processes of the yeast plant, its good offices are paid for with a certain amount of food material; thus, when introduced into the bread dough it breaks up part of the sugar present into alcohol and carbonic-acid gas, and the gas stretches out in the glutinous mass, making the porous loaf which at the right moment is stiffened by the heat of the oven.

In the same way the wild yeast attacks the sugar in the stewed fruit that has stood exposed on a warm day or the jelly left uncovered, or sometimes even when apparently covered, only in these cases the gas evolved serves no useful purpose and the fermentation ruins the taste of the food. Yeasts grow best at a temperature of 70 to 90 deg. F.; therefore, food that is to be protected from their action must be kept well below that point.

The appearance of mold as growing on bread, cheese, and other foods is familiar to every housewife. The spores of the different varieties of mold are everywhere present, and they need only warmth and moisture to enable them to grow on many kinds of food. These organisms are always at work in damp cellars and in dark and damp corners of rooms; they are borne on the feet of insects, they are on the skins of all fruits, and in the dust flying in the air. They are not fond of light and they require no great abundance of air, flourishing best in foods that are piled close together, leaving small, undisturbed air spaces and moisture.

The growth of most molds is retarded by light, ventilation, and low temperature.

From the standpoint of household sanitation, bacteria are the most important of these micro-organisms. They are very widely distributed; the soil teems with them; they are in the air, in water, and in all food exposed to dust and air.

In some foods bacteria in the early stages of their action leave no disagreeable or unhealthful effects, so far as yet proved. Meat is in some measure ripened by bacterial action, and the "gamey" taste given meat by "hanging" comes in part from the same cause, though in both cases the changes are chiefly due to the action of ferments normally present. It is not easy to draw the line between the harmless ripening processes and the bacterial changes classed as decay, but if the bacteria are allowed to grow without hindrance the time comes when the food, either animal or vegetable, attacked by bacteria breaks up into a loathsome mass.

The food may become dangerous even before it shows outward signs of decomposition, for the bacteria may give off substances known as ptomaines, some of which are very poisonous to man. Certain apparently mysterious cases of illness have been traced to such causes, and milk, fish, meat, cheese, baked beans, ice cream, and other foods have all been found responsible for food poisoning. This sort of poisoning is not a true bacterial disease; that is, it is not due, as is typhoid fever, to the growth of an organism in the body, but the illness results from the introduction into the system of poisonous substances already formed in the food by the bacteria.

A new meaning for the scrubbing, airing, and sunning that for many generations have been practiced by good housekeepers, together with good reasons for the need of other precautions to be taken for home sanitation, will be found in Farmers' Bulletin 375, "Care of Food in the Home," just issued by the U. S. Department of Agriculture.

DIPLOMACY ENDS WITH NICARAGUA

The Nicaraguan Representative at Washington Receives His Passports.

ALONG WITH CAUSTIC LETTER.

Strike of Switchmen in Northwest Throws Many Thousands Out of Work.

(Associated Press Morning Service.)

WASHINGTON, December 2.—Filipe Rodriguez, the Nicaraguan chargé d'affaires here, has been given his passports accompanied with letter from Secretary of State Knox scathingly denouncing the Zelayan administration.

Secretary Knox, in this letter, branded President Zelaya of Nicaragua as a violator of all international conventions, a disturber of national and international peace, a tyrant and an international brigand, whom the United States holds personally responsible for those who carried out the torture and execution of Grace and Cannon, the two American colonels of the revolutionary army, who were condemned to death by a drumhead court.

President Zelaya indicated broadly enough, recently, that the execution of Grace and Cannon is not a subject for the discussion of indemnity nor apology.

The state department and the President have replied, notwithstanding Zelaya's attitude, "that such treatment

of American citizens can not be tolerated for a moment."

STUCK ON THE WAY.

WILLAPA, December 2.—The gunboat Princeton, en route to Nicaragua, went aground during a fog while entering the harbor. The warship was pulled on and a casual examination shows that slight repairs only will be necessary to put her in trim again. The Princeton, a vessel carrying ten guns, commanded by Commander C. H. Hayes, was placed in commission November 5 at the Bremerton navy yard.

—NY THOUSANDS IDLE.

ST. PAUL, Minnesota, December 2.—It is estimated here that twelve thousand men are idle in this city as a result of the railroad tie-up from the switchmen's strike, and that ten thousand men employed in the iron mines of Minnesota are idle owing to train-freight service being blocked and the impossibility of moving the output of the mines. It is the opinion, also, that within forty-eight hours some towns will face a famine owing to non-arrival of supplies.

TO USE NEWSPAPERS ONLY.

The Business Men's Association of Canton, Ohio, has announced that in the future it will discourage any form of advertising other than in newspapers.

The plan was adopted to prevent expenditure of money for fake advertising schemes. Score cards, programmes, hotel registers, church and secret society affairs are all classed in the "poor business" line.

Fine Job Printing, Star Office.

SPORTS STAKES \$50,000 ON PEARY'S LIFE

James, Melville, the golf professional, of the Dei Monte club, who died at Sacramento on November 18, was well known to a number of golfers of this city.

Some local lover of the walking game is anxious to put a silver cup for the coming Kalakaua Avenue walking race, and if his conditions are complied with he will probably present one to be competed for.

The many walkers who have signified their intentions to enter the race, are busy training these days, and a new mark for the distance will likely be made on the day of the race.

According to some baseball enthusiasts, the proposed series of games between the Japanese A. C. and the Saints will not be played, but the chances of a match seem to be very good in spite of the talk to the contrary. It seems that Townsend, the manager of the Japs, is not at all anxious to have his men play against such a strong combination which the Saints are able to put in the field, but a number of his friends are busy talking to him, and no doubt he will change his mind, providing that some good terms are made. Honolulu has been a distinctive baseball town for a long time, and there are a large number of people here who want to see a series of games for the baseball championship of the islands.

It looks very much as if the proposed football game between the Town team and the Marines would be played on Christmas Day. The Townies have won two games out of three, and if the Marines should win on December 25, another game might be played on New Year's Day to decide the championship.

Since the last game, the Marines have been hard at work in preparation for the game on Christmas, and they are likely to show the Townies some new tricks when they meet again.

Several ex-college football players have taken a great deal of interest in the Marines, and they will probably turn out from now on and give them some good stiff coaching which they need. The Marines have a team which would be hard to beat with proper coaching, and a much better team will probably line up in the coming game with the Town team.

It looks as if Honolulu would be represented again in the 1910 trans-Pacific yacht race, as at a meeting held last night at the Bungalow, it was decided to work up interest in the race, and to secure the necessary wherewithal to send the Hawaii.

Each yacht club on the Pacific coast will be asked to enter at least one yacht; and Tommy Hobron one of the most enthusiastic yachtsmen Honolulu has ever had, has been appointed a special representative to do all he can to make the race an assured thing.

Before the Hawaii is sent up again it would be a very wise thing to make a number of necessary changes, otherwise she will not be able to make any better showing than she did in the first race she was entered in.

Another thing which is very essential is to have some one to handle her who knows something about yachts and one of the best men that could be sent would be Captain Macaulay, the local pilot. His experience at sea has been such as to warrant the officials of the club naming him as the one that will endeavor to bring back the cup for Hawaii.

When the Hawaii was ready to go up last year he was spoken of as the man to go, but some of the club members wanted to put in another local man as sailing master and the pilot as navigator, but Captain Macaulay did not see it in that light which he can hardly be blamed for.

However everyone here wants to see the Hawaii entered, and also wants to see her win, and with a few changes and a good captain, she should be able to give a good account of herself.

HAWAIIAN PINEAPPLE COMBINE.

Since Hawaii's pineapple has become famous throughout the United States as the result of the advertising it received at the big Seattle fair, the demand has been much larger than the supply here. The plantations have all been taxed beyond their capacity, and the situation has gradually forced the matter to a crisis where a decision has been arrived at to combine the plantations, form a new corporation, and increase the capital stock and facilities so that the output can be doubled. Although the factors interested refuse to give out any details as yet, it is understood the new corporation will be capitalized at \$2,000,000 will have main offices in Honolulu, and will control over 5000 acres of growing pines. The largest feature of the deal is that over 10,000 acres have been negotiated for with a view of increasing the planting facilities, and agents are quietly at work securing options on desirable tracts on the various islands.—S. F. News Bureau.

Fine Job Printing, Star Office.

NEW YORK, November 18.—A life insurance policy for \$50,000 is held today by Hampton's Magazine on the life of Commander Robert E. Peary, the Arctic explorer.

The magazine has contracted for Peary's story on his dash to the North Pole, for which it has agreed to pay him \$50,000, the narrative to appear in serial form in 10 consecutive numbers. Peary already has been paid \$25,000.

The insurance policy was taken out by the corporation to avoid loss should Peary die while on his lecturing tour.

It was made out under the following conditions:

For the first month insurance for \$50,000 is contracted for, for the second month the policy is for \$5,000 less, and then decreasing \$5,000 each month until the articles are finished.

HAWAIIAN TRADE.

James F. Morgan, president of the Honolulu Chamber of Commerce, predicts that California trade with the Hawaiian islands will increase very quickly. He says that the building of the fortifications of Pearl Harbor has caused such an influx of workmen that the foreign population of the islands has doubled. The sugar production has risen to five hundred thousand tons, which at present prices are worth on a very conservative estimate forty millions of dollars. The actual increase in the trade is shown by the fact that exports there in the month of September were valued at \$1,160,731, against \$957,597 for the same month last year, and that those of October, though not yet made up, will prove to be greater in proportion still. Every article sold to the market in San Francisco finds sale in Hawaii, which is, besides one of the great distributing points for the South Pacific.—S. F. Wasp.

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Don't be "asleep at the switch," but get a "move on" right now and buy one (or more) of the following properties:

1. Seaside properties, frontages to suit; the best investments in the Hawaiian Islands today.
2. Residence properties on the Makiki and Punahou foothills, the "Nob Hills" of Honolulu.
3. Some of the choicest properties on the Makiki Plains; house, lots, locations and prices to suit your taste and bank account.
4. Highest grade agricultural land on Oahu, Maui and other islands; size, location, prices and terms to suit.
5. Several leaseholds covering summer (and "its" always summer in Hawaii!) homes and revenue-producing small farms, in the valleys near Honolulu.
6. Nuuanu Valley villa sites; and
7. Other properties too numerous to mention.

For detailed information, prices, etc., apply to

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HONOLULU.

METROPOLITAN MEAT CO., LTD

NOTICE TO STOCKHOLDERS.

NOTICE IS HEREBY GIVEN that the undersigned will make a partial distribution of the assets of the Metropolitan Meat Company, Limited, an Hawaiian corporation, to the extent of \$30.00 per share, at the office of the Audit Company of Hawaii, on Bethel street, Honolulu, Territory of Hawaii, at any time on or after the 15th day of November, 1909. Stock certificates must be produced.

Honolulu, T. H., November 17, 1909.
A. W. T. BOTTOMLEY,
Trustee of Metropolitan Meat Company, Limited.

Fraternal Meetings

HONOLULU LODGE NO. 616,
B. P. O. ELKS.

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E. A. DOUTHITT, E. R.
H. C. EASTON, Secretary.

HARMONY LODGE, No. 3, I. O. O. F.

Meets every Monday evening at 7:30 in Odd Fellows' Hall, Fort street. Visiting brothers cordially invited to attend.

F. D. WICKE, N. G.
E. R. HENDRY, Sec.

DIVISION No. 1, A. O. H.

Meets every first and third Wednesday, at 8 p. m., in C. B. U. Hall, Fort Street. Visiting brothers are cordially invited to attend.

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